The Milford Road Runners

and the Woodbridge Running Company presents the Winter Wonderland 5 Miler

Sunday January 25, 2015 at 9:30 am Platt Regional Tech School 600 Orange Ave, Milford, CT

USA TRACK& FIELD

USATF/CT 5 MILE CHAMPIONSHIP



Events Schedule

8:30am Race Registration starts (till 9:15 sharp)

9:20am Announcements & walk to start

9:30am Race start

10:45am Awards ceremony begins

SOME GREAT REASONS TO CONSIDER RUNNING

- * Food: hot soup, bread and hot cocoa and maybe more!
- * Winter gloves to all pre-reg & first 75 on race day
- * USATF Certified course (CT11033JHP)
- * Electronically timed by The Last Mile
- * Lots of parking, bathrooms & changing areas
- * All abilities of runners and walkers are welcome

For More Information: Milford Road Runners@gmail.com **Directions: I-95 to Milford exit 39B**. North on Route 1. Left at 1st light (Burger King) on Cedarhurst. Right at end onto Orange Ave. Platt Tech is 1 mi. up on left. Merritt Pkwy Rte 15-exit 56 (Rte 121/ Grass Hill Rd) go south approx. 2.7 miles. Left on Kozlowski Rd. Follow to end. Platt Tech is on your right. Plenty of free parking.

Last		First			Checks Payable to: Milford Road Runners
Street					Mail to: Jerry Meshell
City		State	Zip		118 Cherry Hill Rd Orange, CT 06477
Sex	Birthdate	Age-Race Day		Day Phone	Pre-registration of \$15 must be recvd by Jan 23! Please don't mail after Jan 20.
Email					Day-of registration is \$20. Race day registration ends at 9:15am.

PLEASE UNDERSTAND THAT THIS EVENT IS RAIN OR SHINE & NON-REFUNDABLE. I hereby release the City of Milford, the Milford Road Runners, Platt Tech Reg. School, all personnel involved, volunteers, any co-sponsoring company(ies) from responsibility, from any injuries or damages I may suffer as a result of my participation in the Winter Wonderland 5 Miler. I hereby certify that I am in good condition and am able to safely compete in this event. I will additionally permit the use of my name and pictures in print. Being a winter event I am aware the conditions may be adverse, including but not limited to snow, ice, etc. I am aware that there will not be medical staff on duty and that the roads are open to traffic. As a participating athlete, I certify that the information provided by me in this form is true and complete. I have read the entry information provided for the event and certify my compliance with my signature below.

Signature of entry or parent if under 18
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